

**Govt. College, Chammu Kalan, Ismailabad, Kurukshetra**

**Department of Psychology**

**Lesson Plan Session 2024-2025 EVEN SEMESTER**

**Semester-2 NEP (Social Psychology)**

**Feb 2025**

1<sup>st</sup> week: Introduction: Meaning, History,

2<sup>nd</sup> week: Scope and Relationship of Social Psychology with Anthropology and Sociology. Determinants of Social Behaviour.

3<sup>rd</sup> week: Method: Observation, Sociometry and Survey

**March 2025**

1<sup>st</sup> week: Socialization: Nature, Agencies and Factors Affecting Socialization. 2<sup>nd</sup>

week: Person perception: Nature and Determinants.

3<sup>rd</sup> week: Attitude: Nature, Formation, Change and Resistance to Change.

**April 2025**

1<sup>st</sup> week: Interpersonal Attraction: Nature and Determinants.

2<sup>nd</sup> week: Pro-social behaviour: Meaning, Stages and Determinants.

3<sup>rd</sup> week: Aggression: Nature, Causes and Control.

4<sup>th</sup> week: Practical-1, Assignment

**May 2025**

1<sup>st</sup> week: Group Behaviour: Meaning, Formation,

2<sup>nd</sup> week: Types and Functions of Group.

3<sup>rd</sup> week: Leadership: Nature, Characteristics and Types. Collective Behaviour: Crowd and Mob.

4<sup>th</sup> week: Practical-2,3,4,5

5<sup>th</sup> week: Revision, doubt clearance, Tests

*M. C. K. K.*  
16/01/25

Govt. College, Chammu Kalan, Ismailabad, Kurukshetra

Department of Psychology

Lesson Plan Session 2024-2025 EVEN SEMESTER

Semester-4 NEP (Developmental Psychology)

**Feb 2025**

1<sup>st</sup> week: Human Development: Concept, Principles,

2<sup>nd</sup> week: Issues, and Determinants.

3<sup>rd</sup> Week: Major Perspectives: Psychodynamic, Behavioural and Contextual.

**March 2025**

1<sup>st</sup> week: Earliest Development: Basic of Genetics, Transmission of Genetics information,

2<sup>nd</sup> week: Inherited and Genetic Disorders.

3<sup>rd</sup> week: Prenatal Development: Fertilization, Stages and Threats to Development in Prenatal Environment.

**April 2025**

1<sup>st</sup> week: Infancy and Childhood: Physical, Cognitive and Social Development.

2<sup>nd</sup> week: Adolescence: Physical and Sexual Maturation;

3<sup>rd</sup> week: Nutrition and Eating disorders.

4<sup>th</sup> week: Practical-1, Assignments/Tests

**May 2025**

1st week: Threats to Adolescent's Well-Being: Aggression, Bullying, Juvenile Delinquency and Obesity.

2<sup>nd</sup> week: Aging: Concept, Factors: Biological and Psychological. Dementia, Alzheimer.

3<sup>rd</sup> week: Practical-2, Practical-3

4<sup>th</sup> week: Practical-4, Practical-5

5<sup>th</sup> week: Revision , Doubt clearance, Tests

*J. K. K.*  
16/01/25

**Govt. College, Chammu Kalan, Ismailabad, Kurukshetra**

**Department of Psychology**

**Lesson Plan Session 2024-2025 EVEN SEMESTER**

**Semester- VI (Applied psychology)**

**January, 2025**

- 1 st week: Applied Psychology: Meaning, History, fields,  
2 nd week: Careers in psychology, Organizational Psychology: Nature, Scope  
3 rd week: Objectives, and development. Guidance: Objectives, Principles  
4 th week: Types of guidance, Organization of guidance programme;  
Assignment

**Feb, 2025**

- 1 st week: Counselling: Need, Principles, Special areas, and Types of  
Counselling.  
2 nd week: Health Psychology: Meaning, Scope and Objectives;  
3 rd week: Concept of health and illness.  
4 th week: Psychological factors in physical illness, Lifestyle and health,  
Stress and coping. ; Test

**March, 2025**

- 1 st week: Forensic psychology: Psychology and Law,  
2 nd week: Eyewitness Memory;  
3 rd week: Accuracy and improvement.

**April, 2025**

- 1 st week: Statistics: Correlation- Meaning, Rank difference, and Product  
moment method; Assignment  
2 nd Week: Test, Revision  
3 rd week: Doubt Clearance  
4 th Week: All Practicals

File  
16/01/25