

Govt. College, Chammu Kalan, Ismailabad, Kurukshetra

Lesson Plan Session 2024-2025 EVEN SEMESTER

Semester-4 NEP (VAC-Emotional Intelligence)

Feb 2025

1st week: Emotional Intelligence: Nature

2nd week: Emotional Intelligence: Significance

3rd Week: Emotional Intelligence: Models- Ability, Trait, Mixed

March 2025

1st week: Personal Competence: Self Awareness Introduction

2nd week: Personal Competence: Self Awareness: Observing and Recognizing

One's own feelings

3rd week: Knowing One's strength And areas of Development

April 2025

1st week: Relationship Management: Effective Communication

2nd week: Relationship Management: Collaboration

3rd week: Relationship Management: Teamwork

4th week: Relationship Management: Conflict Management

May 2025

1st week: Emotional Intelligence: Strategies to develop

2nd week: Emotional Intelligence: Strategies to Enhance emotional Intelligence

3rd week: Assignment-1

4th week: Class activities

5th week: Revision , Doubt clearance

msk
16/01/25