

LESSON PLAN

Name of Assistant Professor: **Dr. Twinkle Manhas**

Class: **B.A. 1st (Semester-II)**

Subject: **Social Psychology**

Lesson Plan: **1st Jan 2024-30 April 2024**

Week 1	Theory: Introductory Lecture on Social Psychology
Week 2	Theory: Nature, Subject Matter Practical: Measurement of Attitude
Week 3	Theory: Sociometric Method Practical: Measurement of Attitude
Week 4	Theory: Socialization: Nature, Process Practical: Altruism Scale
Week 5	Theory: Agents of Socialization Practical: Altruism Scale
Week 6	Theory: Group: Types & Functions Practical: Anger/Aggression Scale
Week 7	Theory: Social Norms: Meaning, Characteristics, Revision Test-1 Practical: Anger/Aggression Scale
Week 8	Theory: Social Norms: Formation, Assignment/Presentation-1 Practical: Prejudice Scale
Week 9	Theory: Leadership: Types, Functions Practical: Prejudice Scale
Week 10	Theory: Theories of Leadership Practical: Leadership styles
Week 11	Theory: Attitudes: Characteristics, Development
Week 12	Theory: Attitude Change Practical: Leadership styles
Week 13	Theory: Prejudice: Nature, Development & Stereotypes Assignment/Presentation-2
Week 14	Theory: Prosocial Behaviour: Nature, Determinants, Revision Test-2
Week 15	Theory: Prosocial Behaviour: Cognitive Model
Week 16	Theory: Aggression: Nature, Determinants & Prevention,
Week 17	Revision
EXAMINATIONS	

Twinkle

LESSON PLAN

Name of Assistant Professor: **Dr. Twinkle Manhas**

Class: **B.A. 2nd (Semester-IV)**

Subject: **Developmental Psychology**

Lesson Plan: **1st Jan 2024 -30 April 2024**

Week 1	Theory: Concept & principles of Human development
Week 2	Theory: factors in human development Practical: Emotional maturity scale
Week 3	Theory: Prenatal development : determinants Practical: Emotional maturity scale
Week 4	Theory: Prenatal development: stages Revision test-1
Week 5	Theory: Infancy: characteristics Practical: self concept inventory
Week 6	Theory: Infancy: hazards & adjustment Practical: self concept inventory
Week 7	Theory: Childhood- characteristics, perceptual development Assignment-1/ Presentation
Week 8	Theory: Childhood- motor , emotional development Practical: self esteem inventory
Week 9	Theory: Childhood- cognitive development Practical: self esteem inventory
Week 10	Theory: Adolescents- characteristics , problems Revision test-2
Week 11	Theory: Adolescents: adjustment, Practical: Personal values
Week 12	Theory: Adulthood: Early adulthood
Week 13	Theory: Adulthood- late adulthood Practical: Personal values
Week 14	Theory: Aging- changing patterns & problems Practical: Impulsiveness Scale
Week 15	Theory: Measures of variability: Quartile deviation Assignment-2/Presentation Practical: Impulsiveness Scale
Week 16	Theory: Measures of variability: standard deviation
Week 17	Revision
EXAMINATIONS	

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LESSON PLAN

Name of Assistant Professor: **Dr. Twinkle Manhas**

Class: **B.A. 3rd (Semester-V)**

Subject: **Applied Psychology**

Lesson Plan: **1st Jan 2024 -30 April 2024**

Week 1	Theory: Meaning of Applied Psychology, History
Week 2	Theory: Fields of Applied Psychology, Careers Practical: 1
Week 3	Theory: Organizational Psychology- Nature, Scope Practical:1
Week 4	Theory: Organizational Psychology- Objectives , Development Revision test-1
Week 5	Theory: Guidance: Objectives, Principles Practical: 2
Week 6	Theory: Guidance: Types, Organization of programme Practical: 2
Week 7	Theory: Counselling- Need, Principles Assignment-1/ Presentation
Week 8	Theory: Counselling- Areas, Types Practical: 2
Week 9	Theory: Health Psychology- Meaning, Scope Practical: 3
Week 10	Theory: Health Psychology- Objectives, Concept of Health and Illness Revision test-2
Week 11	Theory: Psychological Factors in Physical Illness Practical: 3
Week 12	Theory: Lifestyle & Health
Week 13	Theory: Stress & Coping Practical: 4
Week 14	Theory: Forensic Psychology- Psychology & Law, Eyewitness Memory Practical: 4
Week 15	Theory: Forensic Psychology: Accuracy Improvement Assignment-2/Presentation Practical: 5
Week 16	Theory: Statistics
Week 17	Revision
EXAMINATIONS	

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