

## LESSON PLAN

Name of Assistant Professor: **Dr. Twinkle Manhas**

Class: **B.A. 1<sup>st</sup> (Semester-I)**

Subject: **Introduction to Psychology**

Lesson Plan: **22<sup>nd</sup> Aug 2022 -14<sup>th</sup> Dec 2022**

<b>Week 1</b>	<b>Theory:</b> Introductory Lecture on Psychology
<b>Week 2</b>	<b>Theory:</b> Psychology: History, Emergence As Science <b>Practical:</b> EPQ/EPI
<b>Week 3</b>	<b>Theory:</b> Subject Matter <b>Practical:</b> EPQ/EPI
<b>Week 4</b>	<b>Theory:</b> Methods of Psychology <b>Practical:</b> Study of Emotions
<b>Week 5</b>	<b>Theory:</b> Sensory Processes- Visual <b>Practical:</b> Study of Emotions
<b>Week 6</b>	<b>Theory:</b> Sensory Processes- Auditory <b>Practical:</b> Verbal Test of Intelligence (GMAT)
<b>Week 7</b>	<b>Theory:</b> Perception: Nature, Perception of form, Revision Test-1 <b>Practical:</b> Verbal Test of Intelligence (GMAT)
<b>Week 8</b>	<b>Theory:</b> Perceptual Organization, Assignment/Presentation-1 <b>Practical:</b> Observation (Speed & Accuracy)
<b>Week 9</b>	<b>Theory:</b> Depth Perception-Cues <b>Practical:</b> Observation (Speed & Accuracy)
<b>Week 10</b>	<b>Theory:</b> Emotion: Nature, Bodily changes <b>Practical:</b> Test of Motivation
<b>Week 11</b>	<b>Theory:</b> Theories of Emotion <b>Practical:</b> Test of Motivation
<b>Week 12</b>	<b>Theory:</b> Personality: Nature, Determinants Assignment/Presentation-2
<b>Week 13</b>	<b>Theory:</b> Personality: Type and Trait Approach, Revision Test-2
<b>Week 14</b>	<b>Theory:</b> Intelligence: Nature, Spearman Theory of Intelligence
<b>Week 15</b>	<b>Theory:</b> Intelligence: Thurstone & Cattell Theories, Revision
<b>EXAMINATIONS</b>	

## LESSON PLAN

Name of Assistant Professor: **Dr. Twinkle Manhas**

Class: **B.A. 2<sup>nd</sup> (Semester-III)**

Subject: **Social Psychology**

Lesson Plan: **22<sup>nd</sup> Aug 2022 -14<sup>th</sup> Dec 2022**

<b>Week 1</b>	<b>Theory:</b> Introductory Lecture on Social Psychology
<b>Week 2</b>	<b>Theory:</b> Nature, Subject Matter <b>Practical:</b> Measurement of Attitude
<b>Week 3</b>	<b>Theory:</b> Sociometric Method <b>Practical:</b> Measurement of Attitude
<b>Week 4</b>	<b>Theory:</b> Socialization: Nature, Process <b>Practical:</b> Altruism Scale
<b>Week 5</b>	<b>Theory:</b> Agents of Socialization <b>Practical:</b> Altruism Scale
<b>Week 6</b>	<b>Theory:</b> Group: Types & Functions <b>Practical:</b> Anger/Aggression Scale
<b>Week 7</b>	<b>Theory:</b> Social Norms: Meaning, Characteristics, Revision Test-1 <b>Practical:</b> Anger/Aggression Scale
<b>Week 8</b>	<b>Theory:</b> Social Norms: Formation, Assignment/Presentation-1 <b>Practical:</b> Prejudice Scale
<b>Week 9</b>	<b>Theory:</b> Leadership: Types, Functions <b>Practical:</b> Prejudice Scale
<b>Week 10</b>	<b>Theory:</b> Theories of Leadership <b>Practical:</b> Leadership styles
<b>Week 11</b>	<b>Theory:</b> Attitudes: Characteristics, Development & Attitude Change <b>Practical:</b> Leadership styles
<b>Week 12</b>	<b>Theory:</b> Prejudice: Nature, Development & Stereotypes Assignment/Presentation-2
<b>Week 13</b>	<b>Theory:</b> Pro social Behaviour: Nature, Determinants, Revision Test-2
<b>Week 14</b>	<b>Theory:</b> Pro social Behaviour: Cognitive Model
<b>Week 15</b>	<b>Theory:</b> Aggression: Nature, Determinants & Prevention, Revision
<b>EXAMINATIONS</b>	