

LESSON PLAN

Name of Assistant Professor: **Dr. Twinkle Manhas**

Class: **B.A. 1st (Semester-I)**

Subject: **Introduction to Psychology**

Lesson Plan: **22nd Aug 2022 -14th Dec 2022**

Week 1	Theory: Introductory Lecture on Psychology
Week 2	Theory: Psychology: History, Emergence As Science Practical: EPQ/EPI
Week 3	Theory: Subject Matter Practical: EPQ/EPI
Week 4	Theory: Methods of Psychology Practical: Study of Emotions
Week 5	Theory: Sensory Processes- Visual Practical: Study of Emotions
Week 6	Theory: Sensory Processes- Auditory Practical: Verbal Test of Intelligence (GMAT)
Week 7	Theory: Perception: Nature, Perception of form, Revision Test-1 Practical: Verbal Test of Intelligence (GMAT)
Week 8	Theory: Perceptual Organization, Assignment/Presentation-1 Practical: Observation (Speed & Accuracy)
Week 9	Theory: Depth Perception-Cues Practical: Observation (Speed & Accuracy)
Week 10	Theory: Emotion: Nature, Bodily changes Practical: Test of Motivation
Week 11	Theory: Theories of Emotion Practical: Test of Motivation
Week 12	Theory: Personality: Nature, Determinants Assignment/Presentation-2
Week 13	Theory: Personality: Type and Trait Approach, Revision Test-2
Week 14	Theory: Intelligence: Nature, Spearman Theory of Intelligence
Week 15	Theory: Intelligence: Thurstone & Cattell Theories, Revision
EXAMINATIONS	

LESSON PLAN

Name of Assistant Professor: **Dr. Twinkle Manhas**

Class: **B.A. 2nd (Semester-III)**

Subject: **Social Psychology**

Lesson Plan: **22nd Aug 2022 -14th Dec 2022**

Week 1	Theory: Introductory Lecture on Social Psychology
Week 2	Theory: Nature, Subject Matter Practical: Measurement of Attitude
Week 3	Theory: Sociometric Method Practical: Measurement of Attitude
Week 4	Theory: Socialization: Nature, Process Practical: Altruism Scale
Week 5	Theory: Agents of Socialization Practical: Altruism Scale
Week 6	Theory: Group: Types & Functions Practical: Anger/Aggression Scale
Week 7	Theory: Social Norms: Meaning, Characteristics, Revision Test-1 Practical: Anger/Aggression Scale
Week 8	Theory: Social Norms: Formation, Assignment/Presentation-1 Practical: Prejudice Scale
Week 9	Theory: Leadership: Types, Functions Practical: Prejudice Scale
Week 10	Theory: Theories of Leadership Practical: Leadership styles
Week 11	Theory: Attitudes: Characteristics, Development & Attitude Change Practical: Leadership styles
Week 12	Theory: Prejudice: Nature, Development & Stereotypes Assignment/Presentation-2
Week 13	Theory: Pro social Behaviour: Nature, Determinants, Revision Test-2
Week 14	Theory: Pro social Behaviour: Cognitive Model
Week 15	Theory: Aggression: Nature, Determinants & Prevention, Revision
EXAMINATIONS	

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LESSON PLAN

Name of Assistant Professor: **Dr. Twinkle Manhas**

Class: **B.A. 1st (Semester-II)**

Subject: **Experimental Psychology**

Lesson Plan: **1st April 2022 -19th July 2022**

Week 1	Theory: Introductory Lecture on Experimental Psychology
Week 2	Theory: Attention: Meaning, Nature, Characteristics Practical: Span of Attention
Week 3	Theory: Types of Attention Practical: Span of Attention
Week 4	Theory: Psychophysics and Problems of Psychophysics Practical: DL by method of limits
Week 5	Theory: Methods of Psychophysics (Classical) Practical: DL by method of limits
Week 6	Theory: Learning- Definition, Factors Practical: Serial Position Effect
Week 7	Theory: Trial & Error Learning, Revision Test-1 Practical: Serial Position Effect
Week 8	Theory: Learning- Classical & Operant Conditioning, Assignment/Presentation-1 Practical: Experiment on STM
Week 9	Theory: Memory: Definition, Stages, STM Practical: Experiment on STM
Week 10	Theory: LTM-Methods to Study Memory Practical: Experiment on LTM
Week 11	Theory: Forgetting- factors, Pnemonics Practical: Experiment on LTM
Week 12	Theory: Problem Solving-Nature, Stages of Problem solving Assignment/Presentation-2
Week 13	Theory: Convergent & Divergent Thinking Practical: Problem Solving
Week 14	Theory: Statistics-Frequency Distribution, Graphical Presentation of data Practical: Problem Solving
Week 15	Theory: Measures of central Tendencies, Revision
EXAMINATIONS	

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